

**Matthew 16:24** Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me.

## **Icebreaker**

What book, movie, speech, podcast, teaching could or do you watch, listen to or read over and over?

## **Conversation Starters**

- 1. What did you take away from Dave's teaching?
- 2. How clear is it to you, that you are a 30%, 40% or 50% better human being and better follower of Jesus when you are inspired rather than uninspired?
- 3. Can you tell a story of you at your best inspired to do something?
- 4. What kinds of movies, books, stories and people inspire you to follow Jesus with Grit?
- 5. What about the life of Jesus inspires you?
- 6. What kinds of little ordinary things give you a jolt of inspiration?
- 7. What scriptures inspire you?
- 8. What is one step you can take to live more inspired this week? How can you arrange your life a little bit more to do things that inspire you?