



1 Corinthians 1:3-4 Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ. **3** If anyone thinks they are something when they are not, they deceive themselves. **4**

Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, **5** for each one should carry their own load.

Job 16: Then Job replied:

2 "I have heard many things like these; you are miserable comforters, all of you! **3** Will your long-winded speeches never end? What ails you that you keep on arguing?"

Job

42 Then Job replied to the Lord:

2 "I know that you can do all things; no purpose of yours can be thwarted. **3** You asked, 'Who is this that obscures my plans without knowledge?' Surely I spoke of things I did not understand, things too wonderful for me to know. **4** "You said, 'Listen now, and I will speak; I will question you, and you shall answer me.' **5** My ears had heard of you but now my eyes have seen you. **6** Therefore I despise myself and repent in dust and ashes."

Icebreaker

Do an impression for the group.

Conversation Starters

1. What stood out to you from Dave's teaching?
2. Are you more familiar with instantaneous disappointments or slowly building disappointment coming in little bits and pieces hardly noticeable until they compound?
3. Where are you poised to bring comfort?
4. How has God comforted you in the valley?
What mistakes can you avoid when comforting others?
5. How do you figure out the difference between a burden that you need some help with and your load?
6. Which of the Scriptures above do you connect with most?