



**Matthew 26:36-46** Then Jesus went with them to the olive grove called Gethsemane, and he said, “Sit here while I go over there to pray.” 37 He took Peter and Zebedee’s two sons, James and John, and he became anguished and distressed. 38 He told them, “My soul is crushed with grief to the point of death. Stay here and keep watch with me.”

39 He went on a little farther and bowed with his face to the ground, praying, “My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.”

40 Then he returned to the disciples and found them asleep. He said to Peter, “Couldn’t you watch with me even one hour? 41 Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!”

42 Then Jesus left them a second time and prayed, “My Father! If this cup cannot be taken away[a] unless I drink it, your will be done.” 43 When he returned to them again, he found them sleeping, for they couldn’t keep their eyes open.

44 So he went to pray a third time, saying the same things again. 45 Then he came to the disciples and said, “Go ahead and sleep. Have your rest. But look—the time has come. The Son of Man is betrayed into the hands of sinners. 46 Up, let’s be going. Look, my betrayer is here!”

## Icebreaker

Have you ever found yourself laughing at an inappropriate time and you wanted to stop but you couldn’t? Why do you think this happens?

## Conversation Starters

1. What stood out for you during Dave’s teaching?
2. Read the Scripture together. What stands out for you or makes you curious?
3. What and when is it most difficult for you to surrender the outcome of something to God?
4. What important thing do you mistakenly think you can control?
5. Can you share a story of one time you were forced to surrender something important and what was the outcome?
6. What are the hurdles for you of living a more surrendered life?
7. What facet of your family is most difficult to surrender?
8. What lessons have you learned about surrender in your life?